



FOR IMMEDIATE RELEASE

Mildred Muhammad, ex-wife of executed D.C. Sniper, to give lecture and book signing in Philadelphia

*Mildred Muhammad, author of memoir *Scared Silent*, will be giving a lecture and book signing at Black and Nobel Bookstore, December 18, 2010 from 5pm-7pm.*

Philadelphia, PA – December 15, 2010 - Mildred Muhammad, ex-wife of the late D.C. Sniper, will be the featured author at Black and Nobel bookstore on December 18, 2010. There will be a lecture followed by a book signing that will begin at 5pm and end at 7pm. Mildred, who is the founder of After the Trauma, a domestic violence 501(c)(3), will be lecturing on her memoir titled *Scared Silent*, a personal account of her years with John Muhammad, the executed D.C. Sniper. Attendees will learn more about Mildred's experience living amidst abuse and what families can do to protect themselves from domestic violence. Attendees will also be given the opportunity to participate in a Question and Answer session. "It's important that more and more communities understand domestic violence and how it starts. I hope to shed some light on this topic, especially a deeper understanding of mental abuse," says Mildred.

Black and Nobel, a community bookstore that is hosting the lecture with Mildred, features the work of African-American authors and is located at 1409 West Erie Ave in Philadelphia. It has become one of the premiere places where not only authors but people from diverse backgrounds like music to business gather to read, socialize and relax. The works of independent and nationally recognized authors such as Mildred are among their selections of work they carry. Additionally, Black and Nobel has a special program to promote literacy within prisons.



Mildred Muhammad

For more information about the lecture and book signing with Mildred Muhammad, contact Black and Nobel Bookstore at (215) 965-1559, 1409 West Erie Ave; Philadelphia, PA 19140.

About After the Trauma

After The Trauma is a 501(c)(3) non-profit organization whose mission is to provide assistance to women and children of domestic violence with a focus on helping them become survivors. After the Trauma assists survivors in everything they need to transition from victimization to healthy living. Their programs include counseling, safety planning, legal support and referrals that will benefit survivors and her children. Founder, Mildred D. Muhammad, was the ex-wife of the late John Allen Muhammad, the convicted and now executed DC sniper who terrorized the Washington DC metro region in late 2002. Mildred speaks openly about her experiences as a survivor of domestic violence and has been featured on such programs as TruTV's In Session, Larry King Live, The Tyra Banks Show, Good Morning America with Charlie Gibson and various media outlets. For more information about After the Trauma, please visit www.afterthetrauma.org.

Contact Info:

www.afterthetrauma.org

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