



**FOR IMMEDIATE RELEASE:
January 13, 2011**

Contact: Jonathan Queen
info@newmindz.com
(717) 914-0948

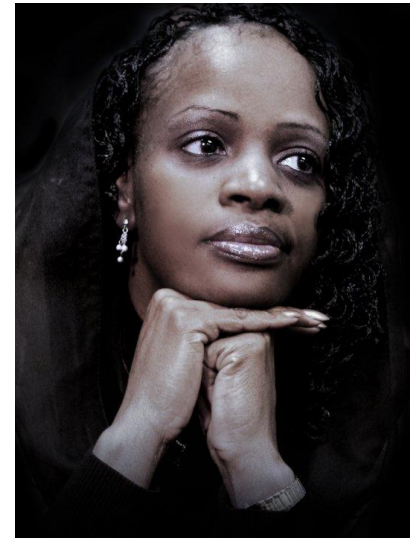
**The 2nd Annual Finding Your Dream Showcase
features Mildred Muhammad, Author of
'Scared Silent: When The One You Love Becomes The One You Fear'**

*Mildred Muhammad will be a featured author at the NewMindz Finding Your Dream event on
Saturday, January 15, 2011 from 10am -4pm at Pennsylvania State Museum*

Harrisburg, PA - January 13, 2011 - Mildred Muhammad, a domestic violence survivor, advocate, author and ex-wife of the executed D.C. Sniper, will be a featured author at the 2nd Annual *Finding Your Dream*, an event hosted by NewMindz, an organization that provides mentoring and motivational programs for the community. Mildred will share her story of survival, through her memoir, *Scared Silent*, regarding domestic violence and protection of her children from John Muhammad who became the Sniper. She will also discuss her grass roots organization called After the Trauma, a 501 (c)(3) that assists domestic violence survivors.

The *Finding Your Dream* event is being held in honor of the Dr. King Holiday. There will be other featured authors presenting during the showcase along with mentors, educators and entertainers and there will also be vendors and children's activities. The goal of the event is to emphasize education, empowerment and self-esteem. There will also be an awards ceremony for writers and one for mentors.

The NewMindz 2nd Annual *Finding Your Dream* event will be located at the Pennsylvania State Museum, 300 North Street, Harrisburg, PA, from 10am - 4pm. This event is free to the public and youth are welcomed.



*Mildred Muhammad,
Author of Scared Silent*

About After the Trauma

After The Trauma is a 501(c)(3) non-profit organization whose mission is to provide assistance to women and children of domestic violence with a focus on helping them become survivors. After the Trauma assists survivors in everything they need to transition from victimization to healthy living. Their programs include counseling, safety planning, legal support and referrals that will benefit survivors and her children. Founder, Mildred D. Muhammad, was the ex-wife of the late John Allen Muhammad, the convicted and now executed DC sniper who terrorized the Washington DC metro region in late 2002. Mildred speaks openly about her experiences as a survivor of domestic violence and has been featured on such programs as TruTV's In Session, Larry King Live, The Tyra Banks Show, Good Morning America with Charlie Gibson and various media outlets. For more information about After the Trauma, please visit www.afterthetrauma.org

About New Mindz, LLC

New Mindz, LLC provides a wide range of Ministry, Mentoring, Training, Consulting Services, Assemblies and Conferences for your school, church, business and organization. Please visit www.newmindz.com for more information.

Contact Info:
www.afterthetrauma.org