



FOR IMMEDIATE RELEASE

Mildred Muhammad to appear on CNN's Issues with Jane Velez-Mitchell

Mildred Muhammad will be a special guest Friday on the CNN HLN Network program "Issues" in a special segment called Surviving Abuse

National/Washington, DC - October 20, 2010 - Mildred Muhammad will be the featured guest on *Issues with Jane Velez-Mitchell* airing October 22, 2010 at 7pm ET. *Issues* is airing the special segment *Surviving Abuse* to interview five different survivors of domestic violence all this week, Monday through Friday. Mildred and her children are survivors of domestic violence. Their abuser was Mildred's ex-husband John Muhammad, the executed D.C. Sniper. Unlike most reports of domestic violence, the years of Mildred's abuse were mostly psychological, "When people hear domestic violence, they automatically think physical, but domestic violence begins with mental, emotional and verbal abuse. These are the first warning signs in relationships with abusers." Mildred, a nationally recognized survivor advocate and speaker on domestic violence has received several awards for her work. One of those recent awards from Lift3 Support Group is the Unity Award for Outstanding Citizenship, awarded for her efforts in assisting domestic violence victims and survivors across the U.S. through her organization After the Trauma.

Past guests this week on CNN's *Issues with Jane Velez-Mitchell* have included Yvette Cade who survived an attack by her ex-husband, a man who is now serving a life sentence for setting her on fire, and Bill Kirksee, a former abuser who sought counseling after abusing his wife for nearly 40 years. *Issues with Jane Velez-Mitchell* airs weekdays at 7pm ET on CNN HLN. Please check local listings for more details.

About After the Trauma

After The Trauma is a 501(c)(3) non-profit organization whose mission is to provide assistance to women and children of domestic violence with a focus on helping them become survivors. After the Trauma assists survivors in everything they need to transition from victimization to healthy living. Their programs include counseling, safety planning, legal support and referrals that will benefit survivors and her children. Founder, Mildred D. Muhammad, was the ex-wife of the late John Allen Muhammad, the convicted and now executed DC sniper who terrorized the Washington DC metro region in late 2002. Mildred speaks openly about her experiences as a survivor of domestic violence and has been featured on such programs as TruTV's In Session, Larry King Live, The Tyra Banks Show, Good Morning America with Charlie Gibson and various media outlets. For more information about After the Trauma, please visit www.afterthetrauma.org.



Mildred Muhammad

Contact Info:

After the Trauma
www.afterthetrauma.org

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